“David seemed to be cut off from every human support. All that he held dear on earth had been swept from him. Saul had driven him from his country; the Philistines had driven him from the camp; the Amalekites had plundered his city; his wives and children had been made prisoners; and his own familiar friends had banded against him, and threatened him even with death. In this hour of utmost extremity David, instead of permitting his mind to dwell upon these painful circumstances, looked earnestly to God for help. He ‘encouraged himself in the Lord’” (Patriarchs and Prophets, p. 692).

“Then David and all the men with him took hold of their clothes and tore them. They mourned and wept and fasted till evening for Saul and his son Jonathan, and for the army of the Lord and for the nation of Israel, because they had fallen by the sword.”

(2 Samuel 1:11, 12, NIV)
What do you think?

Which do you like better, the beginning of a long journey or the ending of one? Explain your answer:

Do you remember a particularly trying time in your life that you wished would come to an end? What did you learn from that experience?

Do you know the meaning of the word “lament”? To lament something is to show grief, sorrow, or regret by way of a song or poem.

Did you know?

Into the Story

“David took up this lament concerning Saul and his son Jonathan, and he ordered that the people of Judah be taught this lament of the bow (it is written in the Book of Jashar):

“ ‘A gazelle lies slain on your heights, Israel. How the mighty have fallen!

“ ‘Tell it not in Gath, proclaim it not in the streets of Ashkelon, lest the daughters of the Philistines be glad, lest the daughters of the uncircumcised rejoice.

“ ‘Mountains of Gilboa, may you have neither dew nor rain, may no showers fall on your terraced fields. For there the shield of the mighty was despised, the shield of Saul—no longer rubbed with oil.

“ ‘From the blood of the slain, from the flesh of

the mighty, the bow of Jonathan did not turn back, the sword of Saul did not return unsatisfied.

“ ‘Saul and Jonathan—in life they were loved and admired, and in death they were not parted. They were swifter than eagles, they were stronger than lions.

“ ‘Daughters of Israel, weep for Saul, who clothed you in scarlet and finery, who adorned your garments with ornaments of gold.

“ ‘How the mighty have fallen in battle! Jonathan lies slain on your heights.

“ ‘I grieve for you, Jonathan my brother; you were very dear to me. Your love for me was wonderful, more wonderful than that of women.

“ ‘How the mighty have fallen! The weapons of war have perished!’ ”

(2 Samuel 1:17-27, NIV)
punch lines

“As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received” (Ephesians 4:1, NIV).

“Submit to God and be at peace with him; in this way prosperity will come to you” (Job 22:21, NIV).

“Lead me, Lord, in your righteousness because of my enemies—make your way straight before me” (Psalm 5:8, NIV).

“My friends and companions avoid me because of my wounds; my neighbors stay far away” (Psalm 38:11, NIV).

“For I am the Lord your God who takes hold of your right hand and says to you, Do not fear; I will help you” (Isaiah 41:13, NIV).

Who is the main character in this passage?

Who is the audience that is listening to David’s lament?

What do you think is the objective of David’s lament? Why does he make all the men of Judah learn the lament and share in its presentation?

Who are the minor characters in this passage? (Circle them.)

List three phrases or lines in the lament that are especially emotional.

What lesson(s) can you learn from this passage?

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Further insight

“The angels of heaven are sent forth to minister to those who shall be heirs of salvation.” —Ellen G. White, The Desire of Ages, p. 639.

“We know not what results a day, an hour, or a moment may determine, and never should we begin the day without committing our ways to our heavenly Father. His angels are appointed to watch over us, and if we put ourselves under their guardianship, then in every time of danger they will be at our right hand.” —Ellen G. White, Christ’s Object Lessons, p. 341.
Sabbath  
Read Ecclesiastes 7:8.  

Read and respond to the What Do You Think? questions in this week’s lesson. Life is filled with beginnings and endings, journeys started and ended, projects begun and finished. In this week’s study, David’s life as a fugitive comes to an end, as does Saul’s life of disobedience to God. 

Do you agree with Solomon’s opinion in Ecclesiastes 7:8? ______________________

How are Solomon’s words applicable to the experience his father went through while running from Saul? ______________________

What did David do to the Amalekite who killed Saul? ______________________

Why? ____________________________________________

What does this act tell you about David’s respect for the person God chose to be king? ____________________________________________

Tuesday  

Read the Flashlight focus for this week. Ellen White is writing about one of the lowest moments in David’s life. As great as David was, he was not without human flaws. As he fled from Saul, David made a pact with Achish, a Philistine commander, and hid among his people.

How did the alliance fall apart? ______________________

Why did David put his safety and that of his people in the hands of an enemy? ______________________

What does this say about his trust in God’s protection? ____________________________________________

Wednesday  
As you read this week’s Punch Lines, focus on the promise given to us by God in each one. God’s promises are always conditional upon our obedience. Choose two scriptures from the Punch Lines list and state below the promises God makes and the conditions we must meet to receive them.

Promise ____________________________________________

Condition ____________________________________________

What are you thankful about this week? ______________________

What did David do to the Amalekite who killed Saul? ______________________

Why? ____________________________________________

What does this act tell you about David’s respect for the person God chose to be king? ____________________________________________

Promising words can make us feel good. Promise ____________________________________________

Condition ____________________________________________

Thursday  

Do you know of someone at your church, school, or in your community who has been hurt or killed? What can you do to help this person and/or their loved ones during this difficult time?

Not sure what to do? Why not ask God to show you how to help, then talk with your parents, pastor, and youth leader to get ideas about what you can do.

Friday  
Read Psalm 38:11.  

When King David and his men returned to Ziklag—their home among the Philistines—following their broken alliance, they found the city in flames and their families taken captive.

The Amalekites were exacting revenge on David for his raids on them. David’s alliance with the Philistines brought him much trouble. How did David’s failure to trust God affect those around him? How do your failures to obey God affect others?

Promise ____________________________________________

Condition ____________________________________________

Condition ____________________________________________

Promise ____________________________________________

Condition ____________________________________________

this week’s reading*  
Patriarchs and Prophets (or Beginning of the End), chapter 68.

*Beginning of the End is a special adaptation of Patriarchs and Prophets, created for you by the Ellen G. White Estate and Pacific Press. Get more information about it at www.cornerstoneconnections.net/article/191/about-us/conflict-of-the-ages-companion—books#.URlhF1rBO9s. By following the weekly reading plan, you will read at least one book of the Conflict of the Ages Series each year.